

## Recovery Stones Description and Attributes

Time	Stone	Description	Attributes
10years	RoseQuartz	Translucentpinkquartz	Foreverlastinglove,friendshipand peace
5years	OceanJasper	Green,whiteandmottledyellowishbrown	Forprotectionandhealing.
18months	BlueTiger'sEye	Blue,withglimmeringbands.	PropertiesofTiger'sEye,withanemphasonhealing.
13months,or1PSRYear	SnowflakeObsidian	Blackwithwhitish"snowflakes."	Forestablishingoverallbalancein one'slife.
12months,oroneyearGregorian	Goldstone	RustyBrownwithgoldflecks.	Spirituallyuplifting,andrelievesinner tension,suchasaknottedstomach.
11months	Tiger'sEye	Strikingbrownwithglimmeringlighter bands.	Attractswalthandmoney,alsofor protection
10months	Unakite	Mossgreenandsalmoncoloring	Toencouragepositivethinking/self-confidence
9months	Carnelian	Translucent,variesfromwhitetobrownish red	Divertsanger,rage,jealousyintothe ground
8months	RedCoral	Red,resemblingcrosssectionoftree branch	Healingandfertility
7months	Bloodstone	Darkgreenwithredtobrownspots	Healing,recovery
6months	Turquoise	Arobineggbluestone,sometimesspidered withblackstreaks.	Protectioninvolatilesituations
5months	Amethyst	Purplish,translucentcrystalwithmilkyinterior	Peace,serenity,insomnia,concentration
4months	RedJasper	Dark,earthyred,withsomedarkstreaks	Forpsychicprotection,itreturnsnegativitytoitssource
3months	Sodalite	Deepbluewithwhitestreaks	Toreducestress,nervousness,and fear
2months	Aventurine	Lightgreenandtranslucent	Heightensspiritualvisionandperception
1month	MottledJasper	Mottledredwithgreenspecks	Forprotectionagainstriskybehavior
DesireStone-foradesiretorecoveredonedayatatime	Hematite	Heavystone,silvertoblack	Forgroundingandcentering,andfindingserenity.
Remembrancesstone-Forrememberingthosewhohavepassed,or haverelapsed	BlackOnyx	Blackandglassy	Banishesharmfulgriefandbadhabits